



PALLIATIVE CARE AT HOME



Victoria Hospice

3rd Floor, Richmond Pavilion
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www.victoriahospice.org

The Victoria Hospice Palliative Care at home

Victoria Hospice offers skilled and compassionate care for individuals and families facing an advancing illness.

Because we make our services available to patients throughout the community, many people registered with Victoria Hospice choose to be cared for at home, close to family, friends and familiar surroundings.

We work in partnership with the Vancouver Island Health Authority's (VIHA) Home & Community Care Team to offer patients and families a variety of services and support.



Community Volunteers

- ▶ provide companionship and a supportive, non-judgmental ear
- ▶ may perform small errands, help with gardening, participate in an activity/game or accompany you on an outing
- ▶ offer Reiki, Therapeutic Touch or Reflexology that can help decrease stress, enhance relaxation or lessen pain or anxiety
- ▶ stay with you while your caregiver has a break, does errands or attends an appointment outside the home
- ▶ record your stories, memories or messages for family on a CD through our Life Stories program

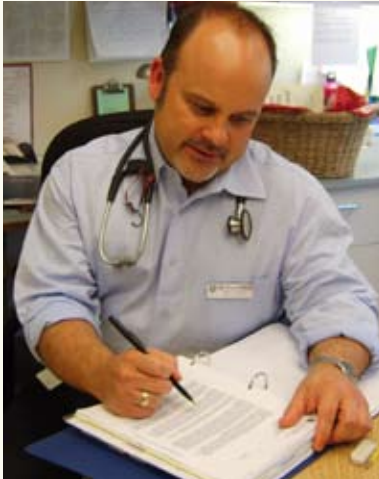
Community Counsellors

- ▶ provide information about Victoria Hospice services
- ▶ assist you and your family with care-planning decisions
- ▶ help explain what you and your family might anticipate as an illness progresses
- ▶ support you through the impact of changes in your condition and any loss of usual activities and abilities
- ▶ facilitate communication within the family
- ▶ assist with practical matters such as funeral planning, wills or financial concerns
- ▶ can refer you to our child and youth counsellor for information and support for younger family members



Palliative Care Physicians

- ▶ act as a consultant to your family physician in order to improve your on-going medical care and comfort
- ▶ can visit you at home to answer questions you may have about your current condition or medical care



Palliative Response Team (PRT)

- ▶ includes a Victoria Hospice nurse and counsellor with access to a palliative care physician
- ▶ available 24 hours a day to provide short-term crisis consultation and treatment for problems that might otherwise require costly and stressful admission to a hospital
- ▶ PRT can support you and your family during the final few days if death at home is planned
- ▶ works in collaboration with your Home and Community Care team and family physician



Bereavement Services

- ▶ provides assessment and support as needed for up to one year after the death
- ▶ offers grief information, telephone support, counselling and a variety of bereavement support groups including drop-in and walking groups
- ▶ are available to individuals and families, including children and teens



To Request Victoria Hospice Services

Please contact any of the following:

- ▶ Your Family Physician or Specialist
- ▶ Your Home & Community Care Nurse
- ▶ Victoria Hospice

To Make a Donation to Victoria Hospice

Victoria Hospice and Palliative Care Foundation

Phone: 250-519-1744

Email: vic.hospice@viha.ca

Website: www.victoriahospice.org