

Victoria Hospice

19<sup>th</sup> SEMI-ANNUAL COURSE

# Psychosocial Care of the Dying and Bereaved

AN INTRODUCTORY INTENSIVE,  
EXPERIENTIAL COURSE

February 20–24, 2012

For

counsellors, social workers in acute,  
geriatric or community care

counsellors, social workers and  
spiritual care providers who are new  
to hospice palliative care

hospice bereavement coordinators  
or program coordinators

hospice/palliative care physicians,  
nurses and other professionals

**MAINPRO-M1 27 CME CREDITS**

VICTORIA BC

**P**sychosocial care is the care of individuals within the context of their particular community.

This introductory intensive and experiential course presents a psychosocial perspective on hospice/palliative care and bereavement support. The course is instructed by Victoria Hospice counselling staff and other professionals from their team and allied agencies.

The course provides an opportunity to explore issues from both personal and professional perspectives. The course is a combination of presentations, case studies, group discussion, experiential activities and personal reflection.

## Course Objectives

- To increase awareness of and sensitivity to personal learning and issues around death, dying and bereavement
- To increase understanding of theory and interventions related to psychosocial care of the dying and bereaved
- To provide opportunities for participants to integrate their personal and professional experience and build practical skills
- To explore the role of social work and counselling in hospice/palliative care
- To address self care, team, spiritual and cultural issues
- To network with professionals with similar interests

**This program meets the accreditation criteria of the College of Family Physicians of Canada and the BC Chapter for up to 27 hours MAINPRO-MI credits.**

**In addition, course graduates can earn valuable MAINPRO-C study credits by conducting an evidence-based practice reflection exercise after the course.**

## Course Content

### GENERAL CONTENT

- Philosophy, principles of psychosocial care
- Interdisciplinary team
- Spiritual and cultural considerations
- Psychosocial care
  - grief and loss
  - patient and family issues and perspectives
  - special populations
  - cancer and non-cancer patients
- Counselling interventions
  - transitions
  - bereavement
  - relationship management
  - children
- Self reflection and self care
- Special topics
  - bereavement assessment
  - bereavement interventions
  - family conferences
  - suffering
  - hope
  - dementia

Other topics may be added

## Course Fee

The early bird fee for the course is **\$775 and after January 20, the fee will be \$800**. This includes a copy of *Transitions in Dying & Bereavement: A Psychosocial Guide for Hospice and Palliative Care*, reading materials, refreshment breaks and lunch Monday and Friday.

## To Apply

Send this application and payment to the address on the back of this brochure.

Victoria Hospice will then send your confirmation letter and the textbook for pre-reading.

**Enroll early as participant numbers are limited.**

## Cancellation and Refund Policy

The registration fee of \$775, less a 10% non-refundable deposit, will be returned on notification of cancellation until January 20, 2012.

After January 20, no refunds will be issued. However, an organization may send an alternate participant *if* arrangements are confirmed with Victoria Hospice prior to the course.

## Location and Accommodation

The course will be held February 20–24, 2012 from 8:30–4:30 at the Comfort Hotel & Conference Centre in Victoria.

A block of rooms is being held at conference rates starting from \$80.00 per night until January 30, 2012. To receive the conference rate, please call the hotel directly and identify yourself as a participant of this course when you make your reservation.

**Comfort Hotel & Conference Centre**  
3020 Blanshard Street  
Victoria, BC V8T 5C7  
Ph: 250-382-4400  
[www.choicehotels.ca](http://www.choicehotels.ca)

# Course Faculty

**Manjit Aitken**, MSW; Counsellor, Victoria Hospice

**Deb Braithwaite**, MD, FCFP; Palliative Care Physician, Victoria Hospice

**Beth Burton-Krahn**, MA, RCC; Counsellor, Victoria Hospice

**Michèle Butot**, BEd, MSW, RCSW; Palliative Response Team Counsellor, Victoria Hospice

**Elizabeth Causton**, MSW; Counsellor, Victoria

**Marg Cooke**, MSW; Bereavement Coordinator, Victoria Hospice

**Michelle Dale**, MSW; In-Patient Unit Counsellor, Victoria Hospice

**Anne Drost**, RN, BScN; Nurse Clinician, Cool Aid Community Health Centre, Victoria

**Barb Field**, BSW; Social Worker; Cardiac Health Services, VIHA

**Christine Jones**, MD, CCFP, FCFP; Palliative Care Physician, Victoria Hospice

**Marita Poll**, RCC, M.Ed; Clinical Counsellor, Patient and Family Counselling Services, BC Cancer Agency, Vancouver Island Centre

**Caelin Rose**, MA; Community Counsellor, Victoria Hospice

**Target Theatre**, Victoria

**Robina Thomas**, MSW; Assistant Professor, First Nations Studies, School of Social Work, University of Victoria

**Marney Thompson**, MA; Bereavement Counsellor, Victoria Hospice

**Wendy Wainwright**, BSW, MEd; (Course Chair), Manager, Psychosocial Services, Victoria Hospice

**Allyson Whiteman**, MA; Child and Youth Counsellor, Victoria Hospice

Other faculty to be added

Participant responses to the question, "How will taking this course change your practice?"

*"Increase end of life discussions in our chronic care program"*

**"Apply relationship management with difficult patients"**

*"I have new questions to assess preparedness for death and to help people prepare"*

**"More aware of different cultural needs"**

*"I will use the breathing and grounding techniques myself and with patients"*

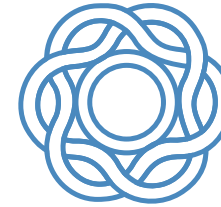
**"More confident in addressing grief with children"**

*"I have gained a new perspective from which to "analyze" what is happening in family dynamics"*

**"Brought home to me how to verbally address different grieving styles"**

*"I will approach cases with better assessment skills and wider range of interventions"*

**"Using the Transitions framework will help me anticipate the needs and concerns of patients (and their families) as their disease progresses"**



## Victoria Hospice

*Since 1980, Victoria Hospice, which is a nonprofit society, has provided skilled and compassionate care to the dying and those who love them.*

Victoria Hospice  
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Richmond Pavilion ■ 1952 Bay Street  
Victoria, BC V8R 1J8  
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E-mail [anna.lyle@viha.ca](mailto:anna.lyle@viha.ca) or [edu.hospice@viha.ca](mailto:edu.hospice@viha.ca)

[www.victoriahospice.org](http://www.victoriahospice.org)

# Psychosocial Care of the Dying and Bereaved

February 20–24, 2012

Name \_\_\_\_\_  
LAST FIRST

Occupation \_\_\_\_\_

Title \_\_\_\_\_

Agency/Hospital \_\_\_\_\_

Work Mailing Address (for participant list)

Street \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone # W (\_\_\_\_) \_\_\_\_\_

Fax Number (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

Home Mailing Address (to receive textbook)

Street \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_

Postal Code \_\_\_\_\_

Master Card  VISA

Card # \_\_\_\_\_

Expiry Date \_\_\_\_\_

Signature \_\_\_\_\_

Name on Card \_\_\_\_\_

Cheque payable to Victoria Hospice  
Early bird **\$775**; after January 20, **\$800**