

WHAT IS HOSPICE PALLIATIVE CARE?

- Active, expert, respectful and compassionate care of individuals and their families facing serious, progressive illness, death and bereavement.
- Care strives to address physical, emotional, spiritual, psychological and practical aspects of the illness and death experience.

We believe you have the right to:

- Information that helps you make decisions.
- Care that focuses on you and your family with sensitivity to personal values, beliefs and goals.
- Receive hospice palliative care wherever you are.

YOUR HOSPICE PALLIATIVE CARE TEAM

Includes you and your family, your physician, hospice palliative care volunteers, social workers and counsellors, nurses, pharmacists, personal care workers and others as needed. Consultation to specialist hospice palliative care professionals may be arranged if needed.

Care and support is generally provided, wherever you are: at home, in hospital or in another facility.

SPIRITUAL SUPPORT

Multi-faith Chaplains are available 24-hours to provide spiritual and religious support. Call VIHA Spiritual Care Services at 250-370-5686, or visit: www.viha.ca/spiritual_care

Spiritual care is also available directly through Victoria Hospice and Saanich Peninsula Hospital Palliative programs.

GRIEF & BEREAVEMENT SUPPORT

Professional and volunteer services for emotional, psychological, practical and bereavement concerns are offered through the following agencies:

- **Victoria Hospice Society**
Bereavement Svs: 250-370-8868
Gen. enquiries: 250-370-8715

Links to other resources can be found at www.victoriahospice.org

- **Saanich Peninsula Hospital**
250-652-3911 (loc 3345)
Support for patients and families cared for at SPH

- **Sooke Hospice**
250-642-4345

For information on other community agencies and resources call:

- NEED crisis information line
250-386-6323
- BC Bereavement Foundation
1-877-779-2223
- Griefworks
1-877-234-3322

OTHER SERVICES

BC Palliative Benefits Program (Plan P) provides medications and equipment for people at home during the last six months of life. Contact Home & Community Care for more information 1-888-533-2273.

Employment Insurance (EI) Compassionate Care Benefits is a six-week benefit available to family and friend caregivers. Contact EI for more information 1-800-206-7218.

PAIN & SYMPTOM CLINIC

The Vancouver Island Cancer Centre in Victoria provides support for people with cancer who have issues with symptom control. Clinics are held every week and are available on referral from your family physician.

BC Cancer Agency
250-519-5500
1-800-670-3322 (toll free)

BC Cancer Agency
Patient & Family Counselling
250-519-5525

ACCESS & CONTACTS

Vancouver Island Health Authority
www.viha.ca

Home & Community Care
250-388-2273
1-888-533-2273 (toll free)
www.viha.ca/hcc

Victoria Hospice Society
250-370-8715
www.victoriahospice.org

Saanich Peninsula Hospital
250-652-3911 loc 3345
www.victoriahospice.org/partners_sp

Sooke Hospice
250-642-4345
www.sookehospice.com



HOSPICE PALLIATIVE CARE:

HOW WE CAN HELP



Information About Services in the South Island

Developed by the VIHA South Island
Hospice Palliative Care Coordinating Committee
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