

Victoria Hospice

17<sup>th</sup> SEMI-ANNUAL COURSE

# Psychosocial Care of the Dying and Bereaved

AN INTRODUCTORY INTENSIVE,  
EXPERIENTIAL COURSE

September 13–17, 2010

For

counsellors, social workers in acute,  
geriatric or community care

counsellors, social workers and  
spiritual care providers who are new  
to hospice palliative care

hospice bereavement coordinators  
or program coordinators

hospice/palliative care physicians,  
nurses and other professionals

**CME APPROVED**

VICTORIA BC

**P**sychosocial care is the care of individuals within the context of their particular community.

This introductory intensive and experiential course presents a psychosocial perspective on hospice/palliative care and bereavement support. The course is instructed by Victoria Hospice counselling staff and other professionals from their team and allied agencies.

The course provides an opportunity to explore issues from both personal and professional perspectives. The course is a combination of presentations, case studies, group discussion, experiential activities and personal reflection.

## Course Objectives

- To increase awareness of and sensitivity to personal learning and issues around death, dying and bereavement
- To increase understanding of theory and interventions related to psychosocial care of the dying and bereaved
- To provide opportunities for participants to integrate their personal and professional experience and build practical skills
- To explore the role of social work and counselling in hospice/palliative care
- To address self care, team, spiritual and cultural issues
- To network with professionals with similar interests

**This program meets the accreditation criteria of the College of Family Physicians of Canada and is accredited for 27 hours MAINPRO–MI credits.**

**In addition, course graduates can earn valuable MAINPRO–C study credits by conducting an evidence-based practice reflection exercise after the course.**

## Course Content

### GENERAL CONTENT

- Philosophy, principles of care
- Interdisciplinary team
- Spiritual and cultural considerations
- Psychosocial care
  - grief and loss
  - family conferences
  - patient and family issues and perspectives
  - special populations
  - cancer and non-cancer patients
- Counselling interventions
  - transitions
  - bereavement
  - relationship management
  - children
- Self reflection and self care
- Special topics
  - palliative sedation
  - sexuality
  - suffering
  - hope
  - dementia
  - rituals

Participants who are providing bereavement support may attend a half-day session that includes theoretical and experiential components relating to assessment, grieving styles, 'difficult' emotions and 'complicated grief'.

## Course Fee

The fee for the course is **\$700** and includes a copy of *Transitions in Dying & Bereavement: A Psychosocial Guide for Hospice and Palliative Care*, reading materials, refreshment breaks and lunch Monday and Friday.

## To Apply

Send this application and payment to the address on the back of this brochure.

Victoria Hospice will then send your confirmation letter and the textbook for pre-reading.

**Enroll early as participant numbers are limited.**

## Cancellation and Refund Policy

The registration fee of \$700, less a 10% non-refundable deposit, will be returned on notification of cancellation until August 23, 2010.

After August 23, no refunds will be issued. However, an organization may send an alternate participant *if* arrangements are confirmed with Victoria Hospice prior to the course.

## Location and Accommodation

The course will be held September 13–17, 2010 from 8:30–4:30 at the Comfort Hotel & Conference Centre in Victoria.

A block of rooms is being held at conference rates starting from \$99.00 per night until August 23, 2010. To receive the conference rate, please call the hotel directly and identify yourself as a participant of this course when you make your reservation.

**Comfort Hotel & Conference Centre**  
3020 Blanshard Street  
Victoria, BC V8T 5C7  
Ph: 250-382-4400  
[www.choicehotels.ca](http://www.choicehotels.ca)

VICTORIA BC

## Course Faculty

**Manjit Aitken**, MSW; Counsellor, Victoria Hospice

**Laurie Bayly**, MEd; Palliative Response Team Counsellor, Victoria Hospice

**Bisia Belina**, RMT; Performer of vocal/body works, VOICEWORKS

**Deb Braithwaite**, MD, FCFP; Palliative Care Physician, Victoria Hospice

**Susan Breiddal**, BSW, MATP; Palliative Response Team Counsellor, Victoria Hospice

**Angela Bruce**, RN; Palliative Response Team, Victoria Hospice

**Michèle Butot**, BEd, MSW, RCSW; Palliative Response Team Counsellor, Victoria Hospice

**Elizabeth Causton**, MSW; Counsellor, Victoria

**Marg Cooke**, MSW; Bereavement Coordinator, Victoria Hospice

**Michelle Dale**, MSW; In-Patient Unit Counsellor, Victoria Hospice

**Anne Drost**, RN, BScN; Nurse Clinician, Cool Aid Community Health Centre, Victoria

**Rosemarie Empig**, RN; Home Care Nurse, VIHA

**Margo Farr**, BCATR; Bereavement Counsellor, Victoria Hospice

**Barb Field**, BSW; Social Worker; Cardiac Health Services, VIHA

**David Howells**, BA, CTh. Oxon; Coordinator of Spiritual and Religious Care, Victoria Hospice

**Christine Jones**, MD, CCFP, FCFP; Palliative Care Physician, Victoria Hospice

**Grant Maclean**, MB, ChB, FRACP; Medical Oncologist, BC Cancer Agency, Vancouver Island Centre

**Maureen Molyneaux**, BSW; Renal Social Worker, Nanaimo Kidney Care Clinic, VIHA

## Course Faculty

**Arnold Porter**, MEd; Palliative Response Team Counsellor, Victoria Hospice

**Caelin Rose**, MA; Community Counsellor, Victoria Hospice

**Target Theatre**, Victoria

**Robina Thomas**, MSW; Assistant Professor, First Nations Studies, School of Social Work, University of Victoria

**Wendy Wainwright**, BSW, MEd; (Course Chair), Manager, Psychosocial Services, Victoria Hospice

Other faculty to be added

Participant feedback from spring course:

**“How will taking this course change your practice?”**

“ Practical knowledge and skills for working with palliative patients ”

“ More aware how to help children ”

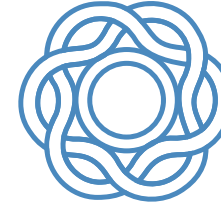
“ Greater clarity around palliative sedation ”

“ Recognize people with mental health issues and deal appropriately ”

“ Review which residents need palliative support based on the PPS and NY cardio scale ”

“ Better ways to work with people dying with dementia ”

“ More sensitivity to cultural and spiritual needs of patients ”



## Victoria Hospice

*Since 1980, Victoria Hospice, which is a nonprofit society, has provided skilled and compassionate care to the dying and those who love them.*

Victoria Hospice  
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Richmond Pavilion ■ 1952 Bay Street  
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[www.victoriahospice.org](http://www.victoriahospice.org)

## Psychosocial Care of the Dying and Bereaved

September 13–17, 2010

Name \_\_\_\_\_  
LAST FIRST

Occupation \_\_\_\_\_

Title \_\_\_\_\_

Agency/Hospital \_\_\_\_\_

Work Mailing Address (for participant list)

Street \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone # W (\_\_\_\_) \_\_\_\_\_

Fax Number (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

Home Mailing Address (to receive textbook)

Street \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_

Postal Code \_\_\_\_\_

Master Card  VISA

Card # \_\_\_\_\_

Expiry Date \_\_\_\_\_

Signature \_\_\_\_\_

Name on Card \_\_\_\_\_

Cheque attached (\$700)  
(payable to **Victoria Hospice Society**)